



Kingston University London

Welcome to the Second EVIDEM-C Newsletter

This edition of the **EVIDEM-C Study Newsletter** includes updates and developments on the research concerning people with memory problems and incontinence living at home with their family carers.

As well as the usual updates on recent publications and presentations, there is of course the opportunity for people with memory problems and their family carers to take part in the EVIDEM-C research or gain further information about the project. Contact details are over.

Absorbent Pads for People with Memory Problems Managing Incontinence

Do you care for someone who has memory problems? Do they use absorbent pads to help cope with incontinence? Then this study might be for you...

As the EVIDEM-C study continues we move into phase 3 which aims to investigate the acceptability and effectiveness of different types of incontinence

pads and other types of absorbent products (such as bed protectors and seat mats).

We are looking for people with memory problems who use these products to manage their incontinence, and their family carers, to join our study.

If you are interested in taking part or would like to

know more please contact Sheila Donovan on 020 8725 4760, s.donovan@sgul.kingston.ac.uk or send the reply slip on the reverse of this newsletter to Sheila Donovan, Faculty of Health and Social Care Sciences, St George's University of London, Grosvenor Wing, Cranmer Terrace, London, SW17 0RE

New member of the EVIDEM-C team

We welcome Sheila Donovan to the EVIDEM-C Study. Sheila trained and worked as a District Nurse and has experience of carrying out research with older adults who have had falls. She will be working on the absorbent pads study and the pilot of assessment tools [EVIDEM-C (3) study].



EVIDEM-C Team: Professor Vari Drennan, Sheila Donovan and Laura Cole

EVIDEM-C Study

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WEBSITES:

EVIDEM

www.evidem.org.uk

Faculty of Health and Social Care

www.healthcare.ac.uk

New Publications

Drennan V and Cole L.
Exploring issues and solutions in promoting continence with people with dementia living at home. Journal of Clinical Nursing 2010 vol19 (Suppl1) pg 100

Please contact Sheila or Laura if you would like a copy.

Other News and Updates

EVIDEM-C advisory group meeting took place in July 2010, which was very successful with many ideas and topics discussed by health and social care professionals, and carers. The next meeting is scheduled for February 2011.

Continence policy review: Caroline Norrie is a health and social care researcher and has been working part time gathering primary care trusts' continence policies and assessment forms to describe how these address the needs of people with memory problems. We hope this review will be published in 2011.

The experience of people with memory problems living at home, and their carers, in managing incontinence problems over time: recruitment for this study ended in December 2010. We reached our recruitment target and consequently continue to follow people with memory problems and the carers over a three-year period

EVIDEM-C expert group: a group of carers and health and social care professionals met in October 2010 to discuss the development and piloting of continence assessment forms and continence carer pathways for people with memory problems. The meeting was extremely informative and discussions were lively. A second expert group will convene in 2011 to continue with this work. If you would like to hear more of this work please contact Sheila on 020 8725 4760.

Posters, Presentations and Publications

In the last six months we have presented findings from the EVIDEM-C studies at many different forums such as:

- The Royal College of Nursing (RCN) Continence Care Conference in York
- The RCN International Nursing Research Conference in

- Newcastle,
 - The Dementia Care Conference in Hillingdon Social Services,
 - The Fourth European Nursing Congress in Rotterdam.

A poster on the absorbent pads study was presented at the Dementia Services Development Centre

Conference, London, and an article was published in the Journal of Clinical Nursing.

If you would like to receive a copy of any of EVIDEM-C's publications then please contact Sheila on 020 8725 4760 or e-mail s.donovan@sgul.kingston.ac.uk

EVIDEM C is part of The EVIDEM Research Programme "Changing practice in dementia care in the community": hosted by Central and North West London Mental Health Trust. The Principal Investigator is Professor Steve Iliffe, UCL. EVIDEM is funded by the National Institute for Health Research (NIHR) Programme Grants for Applied Research funding scheme. The views and opinions expressed here do not necessarily reflect those of the NIHR or the Department of Health.

Dear Researcher

My name is:

(Please tick appropriate box)

I am interested in the absorbent pads study; please contact me to tell me more

I am interested in EVIDEM-C's research; please contact me to tell me more

My telephone number is:

